

## Attachment F

### East Georgia State College Student-Athlete Dietary Supplement Disclosure and Review Form

I, \_\_\_\_\_, am taking or intend to take the following dietary  
Student-Athlete

supplements. I acknowledge the risk of losing my eligibility to participate in intercollegiate athletics if I test positive for an East Georgia State College banned substance that may be found in any substance that I take, regardless of the reason or purpose for taking such supplements.

I acknowledge and understand that the labeling of these products can be misleading and inaccurate, and that sales personnel are neither motivated nor qualified to accurately certify that these products contain no banned substances. "Healthy" or "naturally occurring" are terms often used to market sales of dietary supplements, but do not necessarily mean they are safe.

Before taking or using any dietary supplement, I am responsible for ensuring the product does not contain any banned substances. By making this disclosure, I am requesting that these products and their ingredients be reviewed by East Georgia State College's sports medicine staff for the purposes of determining whether they are medically safe to use and do not contain banned substances. I understand that I should not take or use these products until their usage has been reviewed by East Georgia State College's sports medicine staff.

By signing the Policy Consent Form, the student-athlete:

1. Acknowledges that he/she understands that they are to disclose all dietary supplements used to the head trainer;
2. Acknowledges the aforementioned policies and statements, and fully accepts the detrimental and possibly permanent defects caused by the use of dietary supplements.
3. Fully accepts that they have been made aware of the East Georgia State College policies with regard to the use of dietary supplements;
4. Accepts any and all liability if they have in the past used, continue to use, and/or use at any time in the future, dietary supplements in any form; and releases East Georgia State College, its agents, and all personnel of any and all responsibility and liability related to such use.

Students using dietary supplements must disclose the supplement to the East Georgia State College Athletic Trainer, including its brand name and listed ingredients.

Brand Name:

Listed Ingredients

Athletic Trainer to review and circle banned substances and notify student-athlete

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signatures: \_\_\_\_\_

\_\_\_\_\_  
Student-Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Athletic Trainer

\_\_\_\_\_  
Date