

Wellness Committee

2018 Meetings and EGSC Wellness Events

January 25, 2018 – USG Wellbeing Kickoff at Middle Georgia State University

- EGSC Wellness Liaison and Wellness Chair designee attended the kickoff.

April 3, 2018 – USG Wellbeing Workshop: Information Session and WebEx

Presidents Conference Room C239 – 3:00 p.m.

- Information session for benefited employees on how earn well-being credits.

USG Well-Being Calendar of Events - <https://www.usg.edu/well-being/events>

EGSC Health and Wellness Webpage - <http://www.ega.edu/health-wellness>